



weekly menu

Week 1

	MON	TUE	WED	THU	FRI	SAT	SUN
Breakfast	Oatmeal Cheesy Scrambled Eggs Bacon Strips Or French Toast Bacon Strips	Oatmeal Egg & Pico De Gallo Burrito Sweet Potato Hash Or Poached Egg Wheat Toast	Oatmeal Pumpkin Pancake Hard-Boiled Egg Blueberry Muffin Turkey Sausage Patty	Oatmeal Banana Bread Cheesy Scrambled Eggs Or Belgian Waffle Sausage Links	Oatmeal Vanilla Texas French Toast Breakfast Ham Or Fried Egg Muffin	Oatmeal Shirred Egg in Wheat Bread Sweet Potato Home Fries Kielbasa Sausage	Ham & Cheese Omelet American Fried Potatoes Or Fruit & Cottage Cheese Plate
LUNCH							
Starters	Tomato Basil Soup	Tomato Basil Soup	Tomato Basil Soup	Cream of Mushroom	Cream of Mushroom	Roasted Carrot & Pumpkin Soup	Roasted Carrot & Pumpkin Soup
Entrées	Braised Beef Brisket Herbed Orzo Pasta Fresh Steamed Broccoli	Eggplant Parmesan Angel Hair Pasta	Cod Cakes Herbed Couscous Roasted Root Vegetables	Roasted Potato & Vegetable Frittata Orange Muffin	Tilapia Vera Cruz Brown Rice Oven Roasted Brussel Sprouts	Turkey Fricasse Roasted Redskin Potatoes Fresh Garden Blend Vegetables	Chicken Cacciatore Sautéed Greens
Dessert	Chilled Pears	Cherry Cake	Orange Sour Cream Cake	Coconut Brownie	Chocolate Chip Cookies	Frosted White Cake	Applesauce Cake
DINNER							
Starters	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Entrées	Chicken Cordon Bleu Roasted Potatoes Dilled Baby Carrots	Beef Stir Fry Brown Rice Vegetable Stir Fry	Beef Taco Salad Wheat Roll	Rosemary Lemon Chicken Thighs Roasted Sweet Potatoes Sautéed Zucchini	Pork Schnitzel Warm German Potato Salad Steamed Sauerkraut	Mushroom Herb Strata Southern Succotash	Cheese Tortellini A La Vodka Fresh Steamed Broccoli
Dessert	Strawberry Shortcake	Fresh Pineapple	Cinnamon Bananas	Spiced Peaches	Fresh Fruit	Mandarin Oranges	Sugar Cookies

Breakfast 8:30 am – 9:30 am Lunch 12:30 pm - 1:30 pm Dinner 4:30 pm - 5:30 pm

Menu subject to change based on product availability