


October 2024 Independent & Assisted Living Calendar



"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down."
— Mary Pickford

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:15 ↔ Walking Club [FL] 1 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 📖 Bible Study: East Shelby Church of Christ [CR] 11:00 🕯️ Catholic Service [CH] 11:30 🚗 Kroger [BO] 1:00 🎵 Music & Magic Show ft. Raunshan Hammond [CR] 2:00 ↔ Chair Yoga [ER] 2:30 ❤️ Color & Connect [C] 3:00 🌿 AL Activity: Room Visits 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: "October Sky" [TH]	Rosh Hashana Smarties Day 2 9:15 ↔ Walking Club [FL] 9:30 🚗 Senior Safari at the Zoo [BO] 10:00 ↔ Morning Exercise [ER] 10:30 ☕ Conversations on the Patio (Café) [COP] 1:00 🩺 Blood Pressure Check w/ Power Back Rehab [CR] 1:15 📖 History: Meaning Behind the Rosh Hashanah Holiday [TH] 2:00 🎲 Dominoes: Chicken Foot w/ Sierra [CR] 3:15 🎲 Smarties/Candy Trivia & Craft [CR] 6:00 🎬 Netflix Series: "The Crown" [TH]	9:15 ↔ Walking Club [FL] 3 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ❤️ Music in the Theater [TH] 11:00 🎲 Dirty Jobs/How's it Made [TH] 11:30 🚗 Walmart [BO] 1:00 🩺 Assisted Living Wellness Clinic [ADR] 1:15 ↔ Wii Bowling [901GR] 1:30 🎲 History: Who, What, Where? [TH] 2:00 ↔ Chair Yoga [ER] 2:30 ❤️ Color & Connect [C] 3:00 🌿 AL Activity: Room Visits 3:30 🎮 Bingo [CR] 6:00 🎬 Jennifer's Movie Pick: "Casablanca" [TH]	Cinnamon Bun Day 4 Wear Pink for Breast Cancer Awareness 9:15 ↔ Walking Club [FL] 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ↔ Morning Exercise [ER] 11:00 🎲 Poker - Led by Residents [P] 1:00 🏠 Ambassador Committee [L] 1:30 🎲 See the World: Israel [TH] 2:30 🎵 Happy Hour/Live Music from Creative Aging [CR] 3:30 🎲 LCR (Left-Center-Right) Game with Staff [CR] 6:00 🎬 Jennifer's Movie Pick: "Love, Fall and Order" [TH] 6:30 🎲 Dominoes - Led by Residents [L]	Do Something Nice Day 5 9:15 ↔ Walking Club [FL] 10:00 🕯️ Daily Bread Devotional and Hymns [TH] 11:00 🏠 Volunteer Activity in Memory Care [C] 1:15 ↔ Wii Bowling [901GR] 1:30 🎬 Movie: "Field of Dreams" [TH] 1:45 🌿 AL Room Visits 3:00 🎲 Creative Arts: S'more Decor [AS]
9:30 ☕ Resident Led - Coffee & Games in the Café [C] 6 11:00 🕯️ Catholic Services [CH] 1:00 ❤️ Resident Led - Relax & Color [AS] 2:00 🕯️ Church Service w/ Pete Trimble [CH] 3:30 🎲 Resident Led - Jigsaw Puzzles [AS]	9:15 ↔ Walking Club [FL] 7 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 🚗 Bank Run [BO] 10:00 ↔ Morning Exercise [ER] 11:00 🎲 Poker - Led by Residents [P] 1:00 🏠 Resident Council [CH] 1:15 ↔ Wii Bowling [901GR] 2:30 ❤️ Soothe Your Senses Spa [TH] 3:30 🌿 Book Club [L] 6:00 🎮 Bingo Fun w/ Sierra [CR]	9:15 ↔ Walking Club [FL] 8 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 📖 Bible Study: East Shelby Church of Christ [CR] 11:00 🕯️ Catholic Service [CH] 11:30 🚗 Kroger [BO] 1:15 🎵 Tunes Tuesday [CR] 2:00 ↔ Chair Yoga [ER] 2:30 ❤️ Color & Connect [C] 3:00 🌿 AL Activity: Room Visits 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: "Practical Magic" [TH]	9:15 ↔ Walking Club [FL] 9 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ↔ Morning Exercise [ER] 10:30 ☕ Conversations on the Patio (Café) [COP] 10:30 🚗 Lunch Outing: Piccadilly [BO] 1:00 🩺 Vaccine Clinic (1pm-4pm) [CR] 1:30 🏠 Chit Chat with ED Sam [CH] 2:15 📖 Guest Speaker: Upcoming 2025 Medicare Changes [TH] 3:30 🏠 Assisted Living Chit Chat w/ Sam [CH] 6:00 🎬 Netflix Series: "The Crown" [TH]	9:15 ↔ Walking Club [FL] 10 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ❤️ Music in the Theater [TH] 11:00 🎲 Dirty Jobs/How's it Made [TH] 11:30 🚗 Dollar Tree [BO] 1:15 ↔ Wii Bowling [901GR] 1:45 🌿 AL Activity: Room Visits 2:00 ↔ Chair Yoga [ER] 3:00 🎮 Bingo [CR] 4:00 🌿 Fall Fest Part 1: Cookout [IDR] 6:00 🌿 Fall Fest Part 2: Movie on the Lawn [IDR]	Sausage Pizza Day 11 Wear Pink for Breast Cancer Awareness Yom Kippur 9:15 ↔ Walking Club [FL] 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ↔ Morning Exercise [ER] 11:00 🎲 Poker - Led by Residents [P] 1:15 🎲 Word Unscramble [P] 2:00 🎵 Happy Hour: Tim the Piano Man [CR] 3:15 🎲 LCR (Left-Center-Right) Game with Staff [CR] 6:00 🎬 Jennifer's Movie Pick: "On Golden Pond" [TH] 6:30 🎲 Dominoes - Led by Residents [L]	Universal Musical Day 12 9:15 ↔ Walking Club [FL] 10:00 🕯️ Daily Bread Devotional and Hymns [TH] 11:00 🏠 Volunteer Activity in Memory Care [C] 12:30 🎲 Hand and Foot - Led by Residents [P] 1:15 ↔ Wii Bowling [901GR] 1:30 🎬 Musical Matinee: "Grease" [TH] 1:45 🌿 AL Room Visits 3:00 🎲 Creative Arts: Clothespin Bats [AS]
9:30 ☕ Resident Led - Coffee & Games in the Café [C] 13 11:00 🕯️ Catholic Services [CH] 1:00 ❤️ Resident Led - Relax & Color [AS] 2:00 🕯️ Church Service w/ Gregorio Barnett [CH] 3:30 🎲 Resident Led - Jigsaw Puzzles [AS]	Columbus Day 14 9:15 ↔ Walking Club [FL] 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ↔ Morning Exercise [ER] 11:00 🎲 Poker - Led by Residents [P] 1:15 ↔ Wii Bowling [901GR] 1:30 🏠 Food Committee [IDR] 2:00 🎲 History: Believable or Batty? [TH] 3:00 🎲 See the World: Going Batty in Borneo [TH] 6:00 🎬 Modern Movie Night: "Haunted Mansion" [TH]	I Love Lucy Day 15 9:15 ↔ Walking Club [FL] 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 📖 Bible Study: East Shelby Church of Christ [CR] 11:00 🕯️ Catholic Service [CH] 11:30 🚗 Kroger [BO] 1:15 🌿 I Love Lucy Fun Facts & Trivia [CR] 2:00 ↔ Chair Yoga [ER] 2:30 ❤️ Color & Connect [C] 3:00 🌿 AL Activity: Room Visits 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: "I Love Lucy" Marathon [TH]	9:15 ↔ Walking Club [FL] 16 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ↔ Morning Exercise [ER] 10:30 ☕ Conversations on the Patio (Café) [COP] 1:00 🩺 Blood Pressure Check w/ Power Back Rehab [CR] 1:30 🏠 Activities Committee [CH] 2:00 🎲 Fall Canvas Mystery Painting with Deb [CR] 3:15 🎲 Storytelling: Fall Themed Mad Libs [TH] 6:00 🎬 Netflix Series: "The Crown" [TH]	9:15 ↔ Walking Club [FL] 17 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ❤️ Music in the Theater [TH] 11:00 🎲 Dirty Jobs/How's it Made [TH] 11:30 🚗 Walmart [BO] 1:15 ↔ Wii Bowling [901GR] 1:30 🌿 Pumpkin Social [C] 2:00 ↔ Chair Yoga [ER] 2:30 ❤️ Color & Connect [C] 3:00 🌿 AL Activity: Room Visits 3:30 🎮 Bingo [CR] 6:00 🎬 Jennifer's Movie Pick: "Cinderella Man" [TH]	Wear Pink for Breast Cancer Awareness 18 9:15 ↔ Walking Club [FL] 9:30 🚗 Outing: Horseshoe Casino [BO] 9:45 ☕ Coffee, Chatting, Cards & Classic Games [C] 10:00 ↔ Morning Exercise [ER] 11:00 🎲 Poker - Led by Residents [P] 1:15 🎲 Cooking with Margie [P] 2:30 🎵 Pink Party/Live Music with Creative Aging [CR] 3:30 🎲 LCR (Left-Center-Right) Game with Staff [CR] 6:00 🎬 Jennifer's Movie Pick: "Friendly Persuasion" [TH] 6:30 🎲 Dominoes - Led by Residents [L]	9:15 ↔ Walking Club [FL] 19 10:00 🕯️ Daily Bread Devotional and Hymns [TH] 11:00 🏠 Volunteer Activity in Memory Care [C] 1:15 ↔ Wii Bowling [901GR] 1:30 🎬 Family Movie Matinee: "Hocus Pocus" [TH] 1:45 🌿 AL Room Visits 3:00 🎲 Creative Arts: Beaded Pipe Cleaner Pumpkins [CR]

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 🌿 Resident Led - Coffee & Games in the Café [C] 20</p> <p>11:00 🦋 Catholic Services [CH]</p> <p>1:00 ❤️ Resident Led - Relax & Color [AS]</p> <p>2:00 🦋 Church Service w/ Peace Tree [CH]</p> <p>3:30 🧩 Resident Led - Jigsaw Puzzles [AS]</p>	<p>9:15 🚶 Walking Club [FL] 21</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🚌 Bank Run [BO]</p> <p>10:00 🚶 Morning Exercise [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:15 🎮 Wii Bowling [901GR]</p> <p>2:30 🗳️ Early Voting for Presidential Election [TH]</p> <p>4:00 🚌 Dinner Outing: Huey's [BO]</p> <p>6:00 🎬 Modern Mystery: "Knives Out" [TH]</p>	<p>National Nut Day 22</p> <p>9:15 🚶 Walking Club [FL]</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🦋 Bible Study: East Shelby Church of Christ [CR]</p> <p>11:00 🦋 Catholic Service [CH]</p> <p>11:30 🚌 Kroger [BO]</p> <p>1:15 🧑‍🦽 Nutty Memories & Facts [P]</p> <p>2:00 🧘 Chair Yoga [ER]</p> <p>2:30 ❤️ Color & Connect [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "The Witches of Eastwick" [TH]</p>	<p>9:15 🚶 Walking Club [FL] 23</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🚶 Morning Exercise [ER]</p> <p>10:30 ☕ Conversations on the Patio (Café) [COP]</p> <p>1:30 🗣️ Chit Chat with ED Sam [CH]</p> <p>2:15 🌿 New Resident Meet & Greet [CR]</p> <p>3:15 🎮 Family Feud (big touch screen) [CR]</p> <p>3:30 🗣️ Assisted Living Chit Chat w/ Sam [CH]</p> <p>6:00 🎬 Netflix Series: "The Crown" [TH]</p>	<p>9:15 🚶 Walking Club [FL] 24</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 ❤️ Music in the Theater [TH]</p> <p>11:00 🧑‍🦽 Dirty Jobs/How's it Made [TH]</p> <p>11:30 🚌 Marshall's [BO]</p> <p>1:15 🎮 Wii Bowling [901GR]</p> <p>1:30 🌿 Vote for Your Favorite Pumpkin [C]</p> <p>2:00 🧘 Chair Yoga [ER]</p> <p>2:30 ❤️ Color & Connect [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Jennifer's Movie Pick: "Secondhand Lions" [TH]</p>	<p>Wear Pink for Breast Cancer Awareness 25</p> <p>9:15 🚶 Walking Club [FL]</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🚶 Morning Exercise [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:15 🧑‍🦽 Cooking with Margie [P]</p> <p>2:30 🎮 Birthday Bash/Live Music with Dare [CR]</p> <p>3:30 🧑‍🦽 Kings in the Corner with Staff [CR]</p> <p>6:00 🎬 Jennifer's Movie Pick: "The Ghost and Mrs. Muir" [TH]</p> <p>6:30 🎮 Dominoes - Led by Residents [L]</p>	<p>7:30 🚌 Outing: Alzheimer's Walk [BO] 26</p> <p>9:15 🚶 Walking Club [FL]</p> <p>10:00 🦋 Daily Bread Devotional and Hymns [TH]</p> <p>11:00 🗳️ Volunteer Activity in Memory Care [C]</p> <p>12:30 🧑‍🦽 Hand and Foot - Led by Residents [P]</p> <p>1:15 🎮 Wii Bowling [901GR]</p> <p>1:30 🎬 Movie: "Beetlejuice" [TH]</p> <p>1:45 🌿 AL Room Visits</p> <p>3:00 🎮 Saturday Bingo [CR]</p>
<p>9:30 🌿 Resident Led - Coffee & Games in the Café [C] 27</p> <p>11:00 🦋 Catholic Services [CH]</p> <p>1:00 ❤️ Resident Led - Relax & Color [AS]</p> <p>2:00 🦋 Gospel Music w/ Johnson & Johnson [CR]</p> <p>3:30 🧩 Resident Led - Jigsaw Puzzles [AS]</p>	<p>9:15 🚶 Walking Club [FL] 28</p> <p>9:30 🚌 Breakfast Outing: Cracker Barrel [BO]</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🚌 Bank Run [BO]</p> <p>10:00 🚶 Morning Exercise [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:15 🎮 Wii Bowling [901GR]</p> <p>1:30 🗳️ Food Committee [IDR]</p> <p>2:00 🎮 Dominoes: Chicken Foot w/ Sierra [CR]</p> <p>3:15 🧑‍🦽 Junk Draw Detective [P]</p> <p>6:00 🎬 Modern Movie Night: "The Addams Family" [TH]</p>	<p>Ballpoint Pen Day 29</p> <p>9:15 🚶 Walking Club [FL]</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🦋 Bible Study: East Shelby Church of Christ [CR]</p> <p>11:00 🦋 Catholic Service [CH]</p> <p>11:30 🚌 Kroger [BO]</p> <p>1:15 🧑‍🦽 Creative Arts: Ballpoint Flower Pens [AS]</p> <p>2:00 🧘 Chair Yoga [ER]</p> <p>2:30 ❤️ Color & Connect [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "Psycho" [TH]</p>	<p>9:15 🚶 Walking Club [FL] 30</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 🚶 Morning Exercise [ER]</p> <p>10:30 ☕ Conversations on the Patio (Café) [COP]</p> <p>1:15 🧑‍🦽 History: Halloween Fun Facts & Trivia [CR]</p> <p>2:30 🗣️ Guest Speaker: Fall Prevention [CH]</p> <p>3:15 🧑‍🦽 Kings in the Corner [CR]</p> <p>6:00 🎬 Netflix Series: "The Crown" [TH]</p>	<p>Halloween 31</p> <p>9:15 🚶 Walking Club [FL]</p> <p>9:45 ☕ Coffee, Chatting, Cards & Classic Games [C]</p> <p>10:00 ❤️ Music in the Theater [TH]</p> <p>11:00 🧑‍🦽 Dirty Jobs/How's it Made [TH]</p> <p>11:30 🚌 Outing: Aldi [BO]</p> <p>1:15 🎮 Wii Bowling [901GR]</p> <p>1:30 🎮 Halloween Costume Social [C]</p> <p>2:00 🧘 Chair Yoga [ER]</p> <p>2:30 ❤️ Color & Connect [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "Death Comes to Pemberley" [TH]</p>		

- ❤️ Emotional
- 🎬 Emotional
- 🧑‍🦽 Health Services
- 🧩 Intellectual
- 🚌 Outing
- 🚶 Physical
- 🗳️ Purposeful
- 🌿 Social
- 🦋 Spiritual
- 🗣️ Vocational

Location Keys

901 Game Room-3rd Floor	901GR Café Outside Patio	COP IL Dining Room-1st Floor	IDR
AL Dining Room-1st Floor	ADR Chapel-1st Floor	CH Library-3rd Floor	L
Art Studio-3rd Floor	AS Club Room-1st Floor	CR Pub-1st Floor	P
Bus Outing	BO Exercise Room-2nd Floor	ER Theater-1st Floor	TH
Café	C Front Lobby	FL	

Please sign up at the
front desk for activities in
black bold lettering.