

November 2024 Independent & Assisted Living Calendar



- ♥ Emotional
- 🏠 Health Services
- 🧩 Intellectual
- 🚌 Outing
- ➡ Physical
- 🚩 Purposeful
- 🌿 Social
- 🦋 Spiritual
- 📺 Video

Location Keys

- | | |
|--------------------------|-------|
| 901 Game Room-3rd Floor | 901GR |
| AL Dining Room-1st Floor | ADR |
| Art Studio-3rd Floor | AS |
| Bus Outing | BO |
| Café | C |
| Café Outside Patio | COP |
| Chapel-1st Floor | CH |
| Club Room-1st Floor | CR |
| Exercise Room-2nd Floor | ER |
| Front Lobby | FL |
| IL Dining Room-1st Floor | IDR |
| Library-3rd Floor | L |
| Pub-1st Floor | P |
| Theater-1st Floor | TH |

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sign up at the Front Desk as soon as possible for all outings and activities in **black bold lettering** you may want to attend regardless of commitment. This will help Activities in planning accordingly.



<p>Daylight Savings Time Begins 3</p> <p>9:30 🌿 Resident Led - Coffee & Games in the Café [C]</p> <p>11:00 🦋 Catholic Services [CH]</p> <p>1:00 ♥ Relax & Color [AS]</p> <p>2:00 🦋 Church Service w/ Pete Trimble [CH]</p> <p>3:30 🧩 Jigsaw Puzzles [AS]</p>	<p>Color the World Orange Day 4</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 🚌 Bank Run [BO]</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>11:00 🧩 Poker - Led by Residents [P]</p> <p>1:30 🚩 Resident Council [CH]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:30 🌿 Book Club [L]</p> <p>3:15 🧩 Word Scramble [P]</p> <p>6:00 🌿 Bingo Fun w/ Sierra [CR]</p>	<p>Election Day 5</p> <p>9:30 ♥ Color & Connect [C]</p> <p>10:00 🦋 Bible Study: East Shelby Church of Christ [CR]</p> <p>11:00 🦋 Catholic Service [CH]</p> <p>11:30 🚌 Kroger [BO]</p> <p>1:15 🌿 Walking & Patio Chatter [COP]</p> <p>2:00 ➡ Chair Yoga [ER]</p> <p>2:30 ♥ Games in the Café [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🌿 Bingo [CR]</p> <p>6:00 📺 Movie: "City Slickers" [TH]</p>	<p>6</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>9:30 🚌 Shop & Lunch: Tanger Mall & Olive Garden [BO]</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>10:15 🧩 Jigsaw Puzzles & Coloring [AS]</p> <p>1:00 🏠 Blood Pressure Check w/ Power Back Rehab [CR]</p> <p>1:30 🚩 Chit Chat with ED Sam [CH]</p> <p>2:15 🌿 Creative Arts: Quilt Canvas Project Part 2 [CR]</p> <p>3:30 🚩 Assisted Living Chit Chat w/ Sam [CH]</p> <p>6:00 📺 Netflix Series: "The Crown" [TH]</p>	<p>7</p> <p>9:30 ♥ Color & Connect [C]</p> <p>10:00 📺 Music in the Theater [TH]</p> <p>11:30 🚌 Walmart [BO]</p> <p>1:00 🏠 Assisted Living Wellness Clinic [ADR]</p> <p>1:15 🌿 Walking & Patio Chatter [COP]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:00 ➡ Chair Yoga [ER]</p> <p>2:30 ♥ Games in the Café [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🌿 Bingo [CR]</p> <p>6:00 📺 Movie: "No Time for Sergeants" [TH]</p>	<p>8</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>11:00 🧩 Poker - Led by Residents [P]</p> <p>1:15 📺 Rick Steves' - Ireland & Scotland: "The Best of South Ireland" [TH]</p> <p>2:00 🌿 Happy Hour with Tim the Piano Man [CR]</p> <p>3:00 🧩 Left Center Right Game [CR]</p> <p>6:00 📺 Movie: "Leave Her to Heaven" [TH]</p> <p>6:30 🧩 Dominoes - Led by Residents [L]</p>	<p>9</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 🦋 Daily Bread Devotional and Hymns [TH]</p> <p>11:00 🚩 Visiting in Memory Care [FL]</p> <p>12:30 🧩 Hand and Foot - Led by Residents [L]</p> <p>1:30 📺 Movie: "Sleepless in Seattle" [TH]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:30 🧩 Creative Arts: Snowman Flower Pot Wind Chime [AS]</p>
<p>10</p> <p>9:30 🌿 Resident Led - Coffee & Games in the Café [C]</p> <p>11:00 🦋 Catholic Services [CH]</p> <p>1:00 ♥ Relax & Color [AS]</p> <p>2:00 🦋 Church Service w/ Gregorio Barnett [CH]</p> <p>3:30 🧩 Jigsaw Puzzles [AS]</p>	<p>Veterans Day 11</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>11:00 🚩 Veterans Luncheon [IDR]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:30 🚩 Food Committee [IDR]</p> <p>2:30 ♥ Soothe Your Senses Spa [TH]</p> <p>6:00 📺 Movie: "The Monuments Men" [TH]</p>	<p>12</p> <p>9:30 ♥ Color & Connect [C]</p> <p>10:00 🦋 Bible Study: East Shelby Church of Christ [CR]</p> <p>11:00 🦋 Catholic Service [CH]</p> <p>11:30 🚌 Kroger [BO]</p> <p>1:15 🌿 Walking & Patio Chatter [COP]</p> <p>2:00 ➡ Chair Yoga [ER]</p> <p>2:30 ♥ Games in the Café [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🌿 Bingo [CR]</p> <p>6:00 📺 Movie: "War Horse" [TH]</p>	<p>13</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>10:15 🧩 Jigsaw Puzzles & Coloring [AS]</p> <p>10:45 🚌 Lunch Outing: East End Grill</p> <p>1:30 🧩 Chicken Foot Dominoes with Staff [CR]</p> <p>2:45 🌿 Price is Right [CR]</p> <p>6:00 📺 Netflix Series: "The Crown" [TH]</p>	<p>14</p> <p>9:30 ♥ Color & Connect [C]</p> <p>10:00 📺 Music in the Theater [TH]</p> <p>11:30 🚌 JC Penny [BO]</p> <p>1:15 🌿 Walking & Patio Chatter [COP]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:00 ➡ Chair Yoga [ER]</p> <p>2:30 ♥ Games in the Café [C]</p> <p>3:00 🌿 AL Activity: Room Visits</p> <p>3:30 🌿 Bingo [CR]</p> <p>6:00 📺 Movie: "The Bend of the River" [TH]</p>	<p>15</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>11:00 🧩 Poker - Led by Residents [P]</p> <p>1:30 🚩 Guest Speaker: Thrive Hearing & Tinnitus Solutions [TH]</p> <p>2:30 🌿 Happy Hour with Michelle Shrader [CR]</p> <p>3:30 🧩 Kings in the Corner [CR]</p> <p>6:00 📺 Movie: "Random Harvest" [TH]</p> <p>6:30 🧩 Dominoes - Led by Residents [L]</p>	<p>16</p> <p>9:15 🌿 Morning Mingle & Mind Games with Staff [P]</p> <p>10:00 🦋 Daily Bread Devotional and Hymns [TH]</p> <p>11:00 🚩 Visiting in Memory Care [FL]</p> <p>1:30 📺 Movie: "Bushwhacked" [TH]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:30 🧩 Creative Arts: Soup Can Holiday Hat [AS]</p>

<p>9:15 🌿 Morning Mingle & Mind Games with Staff [P] 1</p> <p>10:00 ➡ Exercise with Powerback Rehab [ER]</p> <p>11:00 🧩 Poker - Led by Residents [P]</p> <p>1:15 📺 Rick Steves' - Ireland & Scotland: "Dublin" [TH]</p> <p>1:30 🚩 Ambassador Committee [L]</p> <p>2:30 🌿 Happy Hour with Donna Wolf [CR]</p> <p>3:30 🧩 Kings in the Corner [CR]</p> <p>6:00 📺 Movie: "The Farmer's Daughter" [TH]</p> <p>6:30 🧩 Dominoes - Led by Residents [L]</p>	<p>9:15 🌿 Morning Mingle & Mind Games with Staff [P] 2</p> <p>10:00 🦋 Daily Bread Devotional and Hymns [TH]</p> <p>11:00 🚩 Visiting in Memory Care [FL]</p> <p>1:30 📺 Movie: "Hook" [TH]</p> <p>1:45 ➡ Wii Bowling with Staff [901GR]</p> <p>2:30 🌿 Creative Arts: Quilt Canvas Project Part 1 [CR]</p>
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November 2024 Independent & Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 🍷 Resident Led - Coffee & Games in the Café [C] 17</p> <p>11:00 🕊 Catholic Services [CH]</p> <p>11:00 🍷 Champagne Thanksgiving Brunch [IDR]</p> <p>1:00 ❤️ Relax & Color [AS]</p> <p>2:00 🕊 Church Service w/ Peace Tree [CH]</p> <p>3:30 🧩 Jigsaw Puzzles [AS]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 18</p> <p>10:00 🚗 Bank Run [BO]</p> <p>10:00 🔄 Exercise with Powerback Rehab [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:45 🔄 Wii Bowling with Staff [901GR]</p> <p>2:30 🎮 Chicken Foot Dominoes with Staff [CR]</p> <p>4:30 🚗 Dinner Outing: Swankys Taco Shop [BO]</p> <p>6:00 🎬 Movie: "Cast Away" [TH]</p>	<p>9:30 ❤️ Color & Connect [C] 19</p> <p>10:00 🕊 Bible Study: East Shelby Church of Christ [CR]</p> <p>11:00 🕊 Catholic Service [CH]</p> <p>11:30 🚗 Kroger [BO]</p> <p>1:15 🍷 Walking & Patio Chatter [COP]</p> <p>2:00 🔄 Chair Yoga [ER]</p> <p>2:30 ❤️ Games in the Café [C]</p> <p>3:00 🍷 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "The Doctor" [TH]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 20</p> <p>10:00 🔄 Exercise with Powerback Rehab [ER]</p> <p>10:15 🧩 Jigsaw Puzzles & Coloring [AS]</p> <p>1:00 🏥 Blood Pressure Check w/ Power Back Rehab [CR]</p> <p>1:30 🗣 Chit Chat with ED Sam [CH]</p> <p>2:15 🍷 Cooking with Margie [P]</p> <p>3:30 🗣 Assisted Living Chit Chat w/ Sam [CH]</p> <p>6:00 🎬 Netflix Series: "The Crown" [TH]</p>	<p>9:30 ❤️ Color & Connect [C] 21</p> <p>10:00 🎬 Music in the Theater [TH]</p> <p>11:30 🚗 Walmart [BO]</p> <p>1:15 🍷 Walking & Patio Chatter [COP]</p> <p>1:45 🔄 Wii Bowling with Staff [901GR]</p> <p>2:00 🔄 Chair Yoga [ER]</p> <p>2:30 ❤️ Games in the Café [C]</p> <p>3:00 🍷 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "A Tree Grows in Brooklyn" [TH]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 22</p> <p>10:00 🔄 Exercise with Powerback Rehab [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:15 🎬 Rick Steves' - Ireland & Scotland: "The Best of West Ireland" [TH]</p> <p>2:30 🍷 Birthday Bash w/ Live Music [CR]</p> <p>3:30 🎮 Kings in the Corner with Staff [CR]</p> <p>6:00 🎬 Movie: "Sabrina" [TH]</p> <p>6:30 🎮 Dominoes - Led by Residents [L]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 23</p> <p>10:00 🕊 Daily Bread Devotional and Hymns [TH]</p> <p>11:00 🗣 Visiting in Memory Care [FL]</p> <p>12:30 🎮 Hand and Foot - Led by Residents [L]</p> <p>1:30 🎬 Movie: "To Kill a Mockingbird" [TH]</p> <p>1:45 🔄 Wii Bowling with Staff [901GR]</p> <p>2:30 🎮 Creative Arts: Jewelry Making [AS]</p>
<p>9:30 🍷 Resident Led - Coffee & Games in the Café [C] 24</p> <p>11:00 🕊 Catholic Services [CH]</p> <p>1:00 ❤️ Relax & Color [AS]</p> <p>2:00 🕊 Gospel Music w/ Johnson & Johnson [CR]</p> <p>3:30 🧩 Jigsaw Puzzles [AS]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 25</p> <p>9:30 🚗 Casino Outing: Southland [BO]</p> <p>10:00 🚗 Bank Run [BO]</p> <p>10:00 🔄 Exercise with Powerback Rehab [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:30 🗣 Food Committee [IDR]</p> <p>1:45 🔄 Wii Bowling with Staff [901GR]</p> <p>2:30 ❤️ Soothe Your Senses Spa [TH]</p> <p>6:00 🎬 Movie: "The Curious Case of Benjamin Button" [TH]</p>	<p>9:30 ❤️ Color & Connect [C] 26</p> <p>10:00 🕊 Bible Study: East Shelby Church of Christ [CR]</p> <p>11:00 🕊 Catholic Service [CH]</p> <p>11:30 🚗 Kroger [BO]</p> <p>1:15 🍷 Walking & Patio Chatter [COP]</p> <p>2:00 🔄 Chair Yoga [ER]</p> <p>2:30 ❤️ Games in the Café [C]</p> <p>3:00 🍷 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "Heaven is for Real" [TH]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 27</p> <p>10:00 🔄 Exercise with Powerback Rehab [ER]</p> <p>10:15 🧩 Jigsaw Puzzles & Coloring [AS]</p> <p>1:30 🗣 Activities Committee [CH]</p> <p>2:15 🍷 Resident Scavenger Hunt [CR]</p> <p>3:15 🍷 Resident Scavenger Hunt Tally & Winner [CR]</p> <p>6:00 🎬 Netflix Series: "The Crown" [TH]</p>	<p>Thanksgiving Day 28</p> <p>9:30 ❤️ Color & Connect [C]</p> <p>10:00 🎬 Music in the Theater [TH]</p> <p>11:00 🍷 Thanksgiving Meal [IDR]</p> <p>1:15 🍷 Walking & Patio Chatter [COP]</p> <p>1:45 🔄 Wii Bowling with Staff [901GR]</p> <p>2:00 🔄 Chair Yoga [ER]</p> <p>2:30 ❤️ Games in the Café [C]</p> <p>3:00 🍷 AL Activity: Room Visits</p> <p>3:30 🎮 Bingo [CR]</p> <p>6:00 🎬 Movie: "The Plymouth Adventure" [TH]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 29</p> <p>10:00 🔄 Exercise with Powerback Rehab [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:15 🎬 Rick Steves' - Ireland & Scotland: "Belfast & the Best of Northern Ireland" [TH]</p> <p>2:30 🍷 Happy Hour with Bobby Lawson [CR]</p> <p>3:30 🎮 Kings in the Corner with Staff [CR]</p> <p>6:00 🎬 Movie: "I'll See You In My Dreams" [TH]</p> <p>6:30 🎮 Dominoes - Led by Residents [L]</p>	<p>9:15 🍷 Morning Mingle & Mind Games with Staff [P] 30</p> <p>10:00 🕊 Daily Bread Devotional and Hymns [TH]</p> <p>11:00 🗣 Visiting in Memory Care [FL]</p> <p>1:30 🎬 Movie: "Dirty Dancing" [TH]</p> <p>1:45 🔄 Wii Bowling with Staff [901GR]</p> <p>2:30 🔄 Afternoon Walk [FL]</p> <p>3:00 🎮 Saturday Bingo [CR]</p>

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