

# February 2025 Independent & Assisted Living Calendar



- ♥ Emotional
- 👤 Health Services
- 🧠 Intellectual
- 🚗 Outing
- 🏃 Physical
- 🏠 Purposeful
- 🌿 Social
- 🦋 Spiritual
- 📺 Video

- Location Keys**
- |                   |       |
|-------------------|-------|
| 901 Game Room     | 901GR |
| AL Dining Room    | ADR   |
| Art Studio        | AS    |
| Bus Outing        | BO    |
| Café              | C     |
| Chapel            | CH    |
| Club Room         | CR    |
| Exercise Room     | ER    |
| Exercise Room #2  | ER2   |
| Front Lobby       | FL    |
| Grand Dining Room | GDR   |
| Library           | L     |
| Pub               | P     |
| Theater           | TH    |

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
	Sign up at the Front Desk as soon as possible for all outings and activities in <b>black bold lettering</b> you may want to attend regardless of commitment. This will help Activities in planning accordingly.		“When it rains, look for rainbows. When it’s dark, look for stars.” – Unknown										
<b>2</b>	<b>Groundhog Day</b> 9:30 🧑‍🌾 Resident Led - Perk Up & Chat [C] 11:00 🙏 Catholic Services [CH] 1:00 🧡 Relax & Color [AS] 2:00 🙏 Church Service w/ Pete Trimble [CH] 3:30 🧩 Jigsaw Puzzles [AS]	<b>3</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 <b>Bank Run [BO]</b> 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 11:30 🧑‍🌾 Resident Council [CH] 2:00 🏹 Wii Bowling with Activity Staff [901GR] 2:30 🧡 Soothe Your Senses Spa [TH] 3:00 🕒 Happy Hour in Pub [P] 6:00 🎮 Bingo Fun w/ Sierra [CR]	<b>4</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🙏 Daily Bread Devotional & Hymns [Ryan in FL] [CR] 10:15 🧑‍🌾 Wordsmith Workshop [P] 11:00 🙏 Catholic Service [CH] 11:30 🧑‍🌾 <b>Kroger [BO]</b> 1:30 🎨 Coloring & Jigsaw Puzzles [AS] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Gifted Hands” [TH]	<b>5</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Activity Staff [ER] 10:15 📄 The Current Scoop [L] 1:00 🩺 Blood Pressure Check w/ Power Back Rehab [CR] 1:30 🗣️ Chit Chat w/ Sam & Leadership [CH] 2:15 🏹 Swat Ball [ER2] 2:30 🎨 <b>Craftmaking Workshop [AS]</b> 3:00 🕒 Happy Hour in Pub [P] 3:15 🎮 Checkers & Classic Games [C] 3:30 🧑‍🌾 Assisted Living Chit Chat w/ Sam [CH] 6:00 🎬 Netflix Series: “The Chosen” [TH]	<b>6</b>	<b>Frozen Yogurt Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🎵 Music in the Theater [TH] 10:15 🧘 Morning Meditation [ER] 11:30 🏪 <b>Walmart [BO]</b> 1:00 🏃 Assisted Living Wellness Clinic [ADR] 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🧑‍🌾 Frozen Yogurt Day - Café Social [C] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Amazing Grace” [TH]	<b>7</b>	<b>Send a Friend a Card Day</b> 🧑‍🌾 <b>Wear Red or Pink for Heart Month</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 9:30 🍗 <b>Breakfast Outing: Rise - Southern Biscuits &amp; Righteous Chicken [BO]</b> 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:00 🧑‍🌾 Ambassador Committee [L] 1:15 🧑‍🌾 Rick Steves - Athens & the Peloponnese [TH] 2:00 🕒 Happy Hour/Sing-a-long Songs [TH] 3:15 📄 Share in the History [TH] 6:00 🎬 Movie: “The West Side Waltz” [TH] 6:30 🎮 Mexican Train Dominoes - Led by Residents [L]	<b>8</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🙏 Daily Bread Devotional & Hymns [TH] 11:00 🏠 Visiting in Memory Care [FL] 11:30 🧑‍🌾 AL Activity: Room Visits 12:30 🧑‍🌾 Hand and Foot - Led by Residents [P] 1:30 🎬 Movie: “Everybody’s Fine” [TH] 1:45 🏹 Wii Bowling with Activity Staff [901GR] 2:30 🎮 Fun Facts with Tony [CR]
<b>9</b>	<b>Super Bowl</b> 9:30 🧑‍🌾 Resident Led - Perk Up & Chat [C] 11:00 🙏 Catholic Services [CH] 1:00 🧡 Relax & Color [AS] 2:00 🙏 Church Service w/ Gregorio Barnett [CH] 2:00 🧑‍🌾 Super Bowl Tailgate Available - Residents Only (2:00pm-4:00pm) [901GR] 3:30 🧩 Jigsaw Puzzles [AS]	<b>10</b>	<b>Umbrella Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 <b>Bank Run [BO]</b> 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🍷 <b>Food Committee [GDR]</b> 1:30 🎨 Umbrella Day Artwork [AS] 2:15 🧑‍🌾 From Then to Now [TH] 3:00 🕒 Happy Hour in Pub [P] 3:00 🗣️ Phone Q&A with Sierra [TH] 6:00 🎬 Movie: “The Love Bug” [TH]	<b>11</b>	<b>Make a Friend Day</b> <b>Peppermint Patty Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 📖 Bible Study: East Shelby Church of Christ [CR] 10:15 🏃 Pool with Activity Staff [901GR] 11:00 🙏 Catholic Service [CH] 11:30 🧑‍🌾 <b>Kroger [BO]</b> 1:30 🧑‍🌾 Fast Friends [CH] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Loving” [TH]	<b>12</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Activity Staff [ER] 10:15 📄 The Current Scoop [L] 10:30 🏠 <b>Lunch Outing - Rafferty’s [BO]</b> 1:15 🎨 Creative Arts: Kindness Project [CR] 1:30 🍷 <b>Activities Committee [CH]</b> 1:45 🧑‍🌾 Mental Floss: The List Show [P] 2:15 🏹 Swat Ball [ER2] 2:30 🍳 Cooking Creations [AS] 3:00 🕒 Happy Hour in Pub [P] 3:15 🗣️ What’s Your Love Language? [TH] 6:00 🎬 Netflix Series: “The Chosen” [TH]	<b>13</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🎵 Music in the Theater [TH] 10:15 🧘 Morning Meditation [ER] 11:30 🏪 <b>Dollar Tree [BO]</b> 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🎮 Kings in the Corner with Activity Staff [CR] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Roman Holiday” [TH]	<b>14</b>	<b>Valentine’s Day</b> 🧑‍🌾 <b>Wear Red or Pink for Heart Month</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:15 🧑‍🌾 Rick Steves - Israel [TH] 2:00 🧑‍🌾 Valentines Social w/ Live Music [CR] 3:15 📄 Share in the History [TH] 4:00 🍽️ <b>Valentines Day Dinner - Residents Only [GDR]</b> 6:00 🎬 Movie: “The Inheritance” [TH] 6:30 🎮 Mexican Train Dominoes - Led by Residents [L]	<b>15</b>	<b>Red Sock Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🙏 Daily Bread Devotional & Hymns [TH] 11:00 🏠 Visiting in Memory Care [FL] 11:30 🧑‍🌾 AL Activity: Room Visits 1:30 🎬 Movie: “Dreamer” [TH] 1:45 🏹 Wii Bowling with Activity Staff [901GR] 2:30 🎮 Chicken Foot Dominoes with Activity Staff [CR]
<b>16</b>	9:30 🧑‍🌾 Resident Led - Perk Up & Chat [C] 11:00 🙏 Catholic Services [CH] 1:00 🧡 Relax & Color [AS] 2:00 🙏 Church Service w/ Peace Tree [CH] 3:30 🧩 Jigsaw Puzzles [AS]	<b>17</b>	<b>Presidents’ Day</b> <b>Random Acts of Kindness Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 📄 Presidents’ Day Facts & Trivia [TH] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🎮 Kings in the Corner with Activity Staff [CR] 2:30 🧡 Soothe Your Senses Spa [TH] 3:00 🕒 Happy Hour in Pub [P] 4:00 🍽️ <b>Dinner Outing: Mugsshots [BO]</b> 6:00 🎬 Movie: “The Avengers” [TH]	<b>18</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 📖 Bible Study: East Shelby Church of Christ [CR] 10:15 🧑‍🌾 Wordsmith Workshop [P] 11:00 🙏 Catholic Service [CH] 11:30 🧑‍🌾 <b>Kroger [BO]</b> 1:30 🎨 Coloring & Jigsaw Puzzles [AS] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “42: The Jackie Robinson Story” [TH]	<b>19</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Activity Staff [ER] 10:15 📄 The Current Scoop [L] 1:00 🩺 Blood Pressure Check w/ Power Back Rehab [CR] 1:30 🗣️ Chit Chat w/ Sam & Leadership [CH] 2:15 🏹 Swat Ball [ER2] 2:30 🎨 <b>Creative Arts: Ladybug Wreath [CR]</b> 3:00 🕒 Happy Hour in Pub [P] 3:15 🎮 Checkers & Classic Games [C] 3:30 🧑‍🌾 Assisted Living Chit Chat w/ Sam [CH] 6:00 🎬 Netflix Series: “The Chosen” [TH]	<b>20</b>	<b>Comfy Day</b> <b>Muffin Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🎮 <b>Forever Young Veterans Monthly Gathering [BO]</b> 10:00 🎵 Music in the Theater [TH] 10:15 🧘 Morning Meditation [ER] 1:00 🏪 <b>Walmart [BO]</b> 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🎮 Kings in the Corner with Activity Staff [CR] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Shane” [TH]	<b>21</b>	<b>Sticky Bun Day</b> 🧑‍🌾 <b>Wear Red or Pink for Heart Month</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:00 🧑‍🌾 Ambassador Committee [L] 1:15 🧑‍🌾 Rick Steves - Egypt [TH] 2:00 🕒 Happy Hour & Illusionist Show [CR] 3:15 📄 Share in the History [TH] 6:00 🎬 Movie: “Queen of Katwe” [TH] 6:30 🎮 Mexican Train Dominoes - Led by Residents [L]	<b>22</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🙏 Daily Bread Devotional & Hymns [TH] 11:00 🏠 Visiting in Memory Care [FL] 11:30 🧑‍🌾 AL Activity: Room Visits 1:30 🎬 Movie: “The Searchers” [TH] 1:45 🏹 Wii Bowling with Activity Staff [901GR] 2:30 🎮 Saturday Bingo [CR]
<b>23</b>	9:30 🧑‍🌾 Resident Led - Perk Up & Chat [C] 11:00 🙏 Catholic Services [CH] 1:00 🧡 Relax & Color [AS] 2:00 🙏 Gospel Music w/ Johnson & Johnson [CR] 3:30 🧩 Jigsaw Puzzles [AS]	<b>24</b>	<b>Tortilla Chip Day</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 9:30 🍽️ <b>Men’s Breakfast Outing - Perkins Collierville [BO]</b> 10:00 🏃 <b>Bank Run [BO]</b> 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🍷 <b>Food Committee [GDR]</b> 1:30 🎨 Unfinished Craft Projects Crop [AS] 2:15 🧑‍🌾 Half Hour Humor [TH] 3:00 🕒 Happy Hour in Pub [P] 6:00 🎬 Movie: “The Quiet Man” [TH]	<b>25</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 📖 Bible Study: East Shelby Church of Christ [CR] 10:15 🏃 Pool with Activity Staff [901GR] 11:00 🙏 Catholic Service [CH] 11:30 🧑‍🌾 <b>Kroger [BO]</b> 1:30 🎨 Coloring & Jigsaw Puzzles [AS] 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Remember the Titans” [TH]	<b>26</b>	<b>Casino Outing: First Jackpot Casino [BO]</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Activity Staff [ER] 10:15 📄 The Current Scoop [L] 1:15 🎨 <b>Creative Arts: Air Plant Holder Decorating [AS]</b> 1:45 🎵 <b>Mental Floss: The List Show [P]</b> 2:00 🎮 <b>Book Club [L]</b> 2:30 🗣️ Fall Prevention Bingo with Carlye [CR] 3:00 🕒 Happy Hour in Pub [P] 3:15 🎮 Checkers & Classic Games [C] 6:00 🎬 Netflix Series: “The Chosen” [TH]	<b>27</b>	9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🎵 Music in the Theater [TH] 10:15 🧘 Morning Meditation [ER] 11:30 🏪 <b>Goodwill [BO]</b> 1:15 🏹 Wii Bowling with Activity Staff [901GR] 1:30 🍳 <b>Staff Chili Cookoff [GDR]</b> 2:00 🏹 Chair Yoga [ER] 2:30 🧑‍🌾 AL Activity: Room Visits 3:00 🕒 Happy Hour in Pub [P] 3:30 🎮 Bingo [CR] 6:00 🎬 Movie: “Dangerous When Wet” [TH]	<b>28</b>	🧑‍🌾 <b>Wear Red or Pink for Heart Month</b> 9:15 🧑‍🌾 Perk Up & Chat with Activity Staff [C] 10:00 🏃 Exercise with Powerback Rehab [ER] 10:15 🚶 Walking Club [FL] 11:00 🧑‍🌾 Poker - Led by Residents [P] 1:15 🧑‍🌾 Rick Steves - Turkey: “Vienna” [TH] 2:00 🕒 Happy Hour/Live Music from Creative Aging [CR] 3:15 📄 Share in the History [TH] 6:00 🎬 Movie: “Waterloo Bridge” [TH] 6:30 🎮 Mexican Train Dominoes - Led by Residents [L]		