

January 2026

Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				New Year's Day 1 9:30 Circle of Strength 10:00 Prayer & Devotion 10:15 Daily Chronical 10:30 Family Feud 2:00 Let's Celebrate the New Year 3:30 Magazine Browsing 6:00 Easy Jazz Listening	9:30 Chair Yoga 2 10:00 Faith & Friendship 10:15 Daily Chronical 10:30 Movie Matinee 2:00 Live Music & Happy Hour 3:30 Relax & Reminisce 6:00 Movie-Going in Style	9:30 Stretch & Smile 3 10:00 Devotion & Hymns 10:15 Daily Chronical 11:00 Volunteers from IL & AL 1:45 Reminisce and Relax 2:00 TV Classics & Snacks 3:30 Table Games 6:30 Bob Barker's Price is Right
9:30 Fitness Fun 4 10:00 Group Exercise 10:15 Daily Chronical – Jeopardy 1:30 Bingo 3:30 50s & 60s Sing-A-Long 6:00 Bewitched Marathon	9:30 Stretch & Smile 5 10:00 Devotion & Hymns 10:15 Daily Chronical 10:30 Ladder Toss 1:30 Pet Therapy with Luke 3:00 Manicures & Mocktails 4:00 Magazine Browsing 6:30 Country Karaoke	9:30 Move & Groove 6 10:00 Morning Blessing 10:15 Daily Chronical 10:30 Book Club 1:30 Bingo 3:30 Winter Art 6:00 Oldies but Goodies Sing-a-Long	9:30 Sit & Be Fit 7 10:00 Scripture & Songs 10:15 Daily Chronical 10:30 Swat Ball 1:30 Cookie Decorating 4:00 Oldies But Goodies 6:00 Hallmark Classics	9:30 Circle of Strength 8 10:00 Prayer & Devotion 10:15 Daily Chronical 10:30 World Travel Day 2:00 Popcorn Party 3:30 Memory Games & Conversation 6:00 I Love Lucy Marathon	9:30 Chair Yoga 9 10:00 Faith & Friendship 10:15 Daily Chronical 10:30 Movie Matinee 2:00 Live Music & Happy Hour 3:30 50s & 60s Dance Party 6:30 Patriotic Sing-a-Long	9:30 Stretch & Smile 10 10:00 Devotion & Hymns 10:15 Daily Chronical 11:00 Volunteers from IL & AL 2:00 TV Classics & Snacks 3:30 Game Show Hour IN2L 6:00 Sounds of the 60s
9:30 Fitness Fun 11 10:00 Group Exercise 10:15 Daily Chronical 10:30 Ring Toss 1:30 Bingo 3:30 Walk Around Heritage 6:30 Steve Harvey Hour	9:30 Stretch & Smile 12 10:00 Devotion & Hymns 10:15 Daily Chronical 10:30 Swat Ball 1:30 Pet Therapy with Luke 3:00 Manicures & Mocktails 6:30 Motown Classics	9:30 Move & Groove 13 10:00 Morning Blessing 10:15 Daily Chronical 10:30 Book Club 1:30 Bingo 2:15 Let's Make a Splash Social- Cafe 6:00 Classic MeTV	9:30 Sit & Be Fit 14 10:00 Scripture & Songs 10:15 Daily Chronical 10:30 Noodle Ball 2:00 Readings By Mrs. Pat 4:00 Walk Around Heritage 6:00 Golden Girls Marathon	National Strawberry Ice Cream Day 15 9:30 Circle of Strength 10:00 Prayer & Devotion 10:15 Daily Chronical 10:30 World Travel Day 2:00 Strawberry Ice Cream Social 3:30 Magazine Browsing 4:30 Easy Jazz	9:30 Chair Yoga 16 10:00 Faith & Friendship 10:15 Daily Chronical 10:30 Movie Matinee 2:00 Karaoke Fun 3:30 Table Art Fun 6:00 Hallmark Movie Night	9:30 Stretch & Smile 17 10:00 Devotion & Hymns 10:15 Daily Chronical 11:00 Volunteers from IL & AL 2:00 TV Classics & Snacks 3:30 EZ Trivia & Conversation 6:30 Adult Coloring
9:30 Fitness Fun 18 10:00 Group Exercise 10:15 Daily Chronical 10:30 Winter Craft 1:30 Bingo 5:30 Folk Song Sing-a-Long 6:00 TV Classics	Martin Luther King, Jr. Day 19 9:30 Stretch & Smile 10:00 Devotion & Hymns 10:15 MLK Freedom Speech & History 10:30 Corn Hole 1:30 Pet Therapy with Luke 3:00 Manicures & Mocktails 6:00 Country Karaoke	9:30 Move & Groove 20 10:00 Morning Blessing 10:15 Daily Chronical 10:30 Book Club 1:30 Bingo 2:15 Penguin Awareness Party- Cafe 6:00 60s & 70s Radio Favorites	9:30 Sit & Be Fit 21 10:00 Scripture & Songs 10:15 Daily Chronical 11:00 Olive Garden Lunch Outing 1:30 Memory Mix and Match 2:00 Winter Craft 4:00 Walk Around Heritage 6:00 I Love Lucy Marathon	9:30 Circle of Strength 22 10:00 Prayer & Devotion 10:15 Daily Chronical 10:30 Family Feud 2:00 Jewelry Making & Crafts 3:30 Magazine Browsing 5:00 Winter Family Party	9:30 Chair Yoga 23 10:00 Faith & Friendship 10:15 Daily Chronical 10:30 Movie Matinee 2:00 Live Music & Happy Hour 3:30 Tabletop Puzzles 6:00 Folk Music Sing-a-Long	9:30 Stretch & Smile 24 10:00 Devotion & Hymns 10:15 Daily Chronical 11:00 Volunteers from IL & AL 1:30 Idiom Game Challenge 2:00 TV Classics & Snacks 6:00 Walk Around Heritage
Happy Birthday Donna! 25 9:30 Fitness Fun 10:00 Group Exercise 10:15 Daily Chronical 10:30 Swat Ball 1:30 Bingo 4:00 Motown Karaoke & Sing-a-Long 6:30 Funniest Pet Videos	9:30 Stretch & Smile 26 10:00 Devotion & Hymns 10:15 Daily Chronical 1:30 Pet Therapy with Luke 1:30 Table Art 3:00 Manicures & Mocktails 4:00 Table Art 6:00 Leave it to Beaver Marathon	9:30 Move & Groove 27 10:00 Morning Blessing 10:15 Daily Chronical 10:30 Book Club 1:30 Bingo 3:30 Crossword Puzzles-IN2L 6:00 Showtunes Sing-A-Long	9:30 Sit & Be Fit 28 10:00 Scripture & Songs 10:15 Daily Chronical 10:30 Ring Toss 1:30 Winter Magic on Canvas 3:30 Nursery Rhyme Trivia 6:00 Movie- Sound of Music	9:30 Circle of Strength 29 10:00 Prayer & Devotion 10:15 Daily Chronical 10:30 Around The World 4:00 Walk Around Heritage 6:00 Murder She Wrote	9:30 Chair Yoga 30 10:00 Faith & Friendship 10:15 Daily Chronical 10:30 Movie Matinee 2:00 Live Music & Happy Hour 4:30 Table Games 6:00 I Love Lucy Marathon	9:30 Stretch & Smile 31 10:00 Devotion & Hymns 10:15 Daily Chronical 11:00 Volunteers from IL & AL 2:00 TV Classics & Snacks 3:30 Walk Around Heritage 6:00 Brady Bunch Re-Runs