

May 2026
Independent & Assisted Living Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



Sign up at the Front Desk as soon as possible for all outings and activities in **black bold lettering** you may want to attend regardless of commitment. This will help Activities in planning accordingly.

901 Game Rm
AL Dining Rm
Art Studio
Bistro
Bus Outing
Chapel
Club Rm
Exercise Rm

Location Keys
901 Exercise Rm #2
ADR Front Lobby
AS Grand Dining Rm
B Library
BO Pub
CH The Evergreen Lounge
CR Theater
ER

ER2
FL
GDR
L
P
TEL
TH

Silver Star Service Banner Day 1
9:00 Staff AL Room Visits Throughout the Day
9:15 Would You Rather Game w/ Activity Staff [B]
10:00 Exercise with Powerback [ER]
10:15 **History: Colonies to Revolutionary War [TH]**
11:00 **Poker - Led by Residents [P]**
12:45 Computer & Technology Basics w/ Heaven-Leigh [L]
12:45 Staff AL Room Visits (until 2:00 PM)
2:00 **Happy Hour w/ Nathaniel Kent [CR]**
3:00 **Kings in the Corner - Led by Residents [CR]**
3:00 Rick Steves' Travels [TH]
6:00 Movie: "Saving Private Ryan" [TH]
6:30 **Mexican Train Dominoes - Led by Residents [L]**

2
9:00 Staff AL Room Visits Throughout the Day
10:00 Daily Bread Devotional & Hymns [TH]
11:00 Visiting in Memory Care [FL]
12:30 **Creative Arts: Yarn Butterflies [AS]**
1:30 Movie: "Thelma & Louise" [TH]
2:00 Wii Bowling with Activity Staff [901]
2:30 Chair Yoga 2 [ER2]
3:00 **Kings in the Corner w/ Heaven-Leigh [B]**

9:15 Perk Up & Chat [B]
11:00 **Catholic Services [CH]**
1:30 Coloring & Jigsaw Puzzles - Led by Residents [AS]
2:00 Bridge - Led by Residents [L]
2:00 **Church Service w/ Pete Trimble [CH]**

3

9:00 Staff AL Room Visits Throughout the Day
9:15 Memory Lane Morning Chat [B]
10:00 **Bank Run [BO]**
10:00 Exercise with Powerback [ER]
11:00 **Poker - Led by Residents [P]**
12:30 Wii Bowling w/ Activity Staff [901]
1:30 **Resident Council [CH]**
2:00 Book Club - Led by Residents [L]
2:00 Swat Ball [ER2]
2:30 **Mahjong - Led by Residents [P]**
3:00 Social Hour [TEL]
3:00 **Wheelchair and Walker Tune Up [CR]**
6:00 Bingo Fun w/ Sierra [CR]
6:00 Series: "Golden Girls" S1, E14,15,16,&17 [TH]

4

Cinco De Mayo 5
9:00 Staff AL Room Visits Throughout the Day
9:15 Perk Up & Chat with Activity Staff [B]
10:00 Bible Study with Lee [CR]
10:00 Morning Reset [ER2]
11:00 Catholic Service [CH]
11:30 **Kroger [BO]**
12:30 **Sunshine Club [AS]**
1:15 Kings in the Corner w/ Activity Staff [CR]
2:00 Chair Yoga 1 [ER2]
2:15 **Cinco De Mayo Community Social [B]**
3:00 Social Hour [P]
3:30 Bingo [CR]
6:00 **Movie: "La Bamba" [TH]**

National Skilled Trades Day 6
9:00 Staff AL Room Visits Throughout the Day
9:15 Word Puzzle Games w/ Activity Staff [B]
10:00 **Bridge - Led by Residents [L]**
10:00 Exercise with Activity Staff [ER]
10:15 **Soothe Your Senses Spa [TH]**
10:30 **Outing: Metal Museum and Lunch at Central BBQ [BO]**
11:00 **Poker - Led by Residents [P]**
1:00 Blood Pressure Check w/ Power Back Rehab [CR]
2:00 **Bloom Buddies [CR]**
2:00 Swat Ball [ER2]
2:00 **Veterans of Heritage Monthly Meeting [P]**
3:00 Social Hour [TEL]
3:15 Billiards & Tabletop Shuffleboard [B]
6:00 Series: "Downton Abbey" S3, E3&4 [TH]

9:00 Staff AL Room Visits Throughout the Day
9:15 Perk Up & Chat with Activity Staff [B]
10:00 **Arm Chair Travels: South Pacific Island Time [TH]**
10:00 Morning Reset [ER2]
11:30 **Walmart [BO]**
1:15 Wii Bowling with Activity Staff [901]
2:00 Chair Yoga 1 [ER2]
2:00 **Ladies Tea [GDR]**
3:00 Social Hour [P]
3:30 Bingo [CR]
6:00 Movie: "Touching Wild Horses" [TH]

7

9:00 Staff AL Room Visits Throughout the Day
9:15 Would You Rather Game w/ Activity Staff [B]
10:00 Exercise with Powerback [ER]
10:15 **History: The Life and Legacy of JFK [TH]**
11:00 **Poker - Led by Residents [P]**
12:45 Computer & Technology Basics w/ Heaven-Leigh [L]
12:45 Staff AL Room Visits (until 2:00 PM)
1:15 **Activity Planning with Sierra [CH]**
2:00 Happy Hour w/ Creative Aging [CR]
3:00 **Kings in the Corner - Led by Residents [CR]**
3:00 Rick Steves' Travels [TH]
6:00 Movie: "On Moonlight Bay" [TH]
6:30 **Mexican Train Dominoes - Led by Residents [L]**

8

9:00 Staff AL Room Visits Throughout the Day
10:00 Daily Bread Devotional & Hymns [TH]
11:00 Visiting in Memory Care [FL]
12:30 **Creative Arts: Button Nosegay w/ Sierra [AS]**
12:30 **Hand and Foot - Led by Residents [P]**
1:30 **Movie: "Indiana Jones and the Temple of Doom" [TH]**
2:00 Wii Bowling with Activity Staff [901]
3:00 Games in the Bistro with Sierra [B]

9

Mother's Day 10
9:15 Perk Up & Chat [B]
11:00 **Catholic Services [CH]**
12:30 **Mother's Day Brunch [GDR]**
1:30 Coloring & Jigsaw Puzzles - Led by Residents [AS]
2:00 Bridge - Led by Residents [L]
2:00 **Church Service w/ Mark Whitby [CH]**

9:00 Staff AL Room Visits Throughout the Day
9:15 Memory Lane Morning Chat [B]
10:00 **Bank Run [BO]**
10:00 Exercise with Powerback [ER]
11:00 **Poker - Led by Residents [P]**
1:15 **Wii Bowling w/ Activity Staff [901]**
1:30 **Food Committee [TEL]**
2:00 **Mahjong - Led by Residents [P]**
2:30 **Soothe Your Senses Spa [TH]**
3:00 Social Hour [TEL]
6:00 Series: "Golden Girls" S18,19,20,&21 [TH]

11

9:00 Staff AL Room Visits Throughout the Day
9:15 Perk Up & Chat with Activity Staff [B]
10:00 Bible Study with Lee [CR]
10:00 **Morning Reset [ER2]**
11:00 Catholic Service [CH]
11:30 **Kroger [BO]**
12:30 **Sunshine Club [AS]**
1:15 Uno w/ Heaven-Leigh [CR]
2:00 Chair Yoga 1 [ER2]
2:15 **Jeopardy w/ Cait [TH]**
3:00 Social Hour [P]
3:30 Bingo [CR]
6:00 **Movie: "Wuthering Heights" (1939) [TH]**

12

9:00 Staff AL Room Visits Throughout the Day
9:15 Word Puzzle Games w/ Activity Staff [B]
10:00 **Bridge - Led by Residents [L]**
10:00 Exercise with Activity Staff [ER]
11:00 **Outing: Redbirds Baseball Game [BO]**
11:00 **Poker - Led by Residents [P]**
11:30 **Assisted Living Chit Chat w/ Sam [ADR]**
1:30 **Chit Chat w/ Sam & Leadership [CH]**
2:00 **Bloom Buddies [CR]**
2:00 Swat Ball [ER2]
2:15 **Movie Committee [TH]**
3:00 Social Hour [TEL]
3:15 **Rummikub w/ Heaven-Leigh [CR]**
6:00 Series: "Downton Abbey" S3, E5&6 [TH]

13

9:00 Staff AL Room Visits Throughout the Day
9:15 Perk Up & Chat with Activity Staff [B]
10:00 Morning Reset [ER2]
10:00 Rick Steves' Special: Cruising the Mediterranean [TH]
11:30 **Dollar Tree [BO]**
12:30 **Crochet & Knit Circle w/ Sierra [AS]**
1:15 Wii Bowling with Activity Staff [901]
2:00 Chair Yoga 1 [ER2]
2:15 **Powerback: Refresh & Reconnect for the Women of Heritage [TEL]**
3:00 Social Hour [P]
3:30 Bingo [CR]
6:00 **Movie: "The Left Handed Gun" [TH]**


14

9:00 Staff AL Room Visits Throughout the Day
9:15 Would You Rather Game w/ Activity Staff [B]
10:00 Exercise with Powerback [ER]
10:15 **History: America's Biggest Economic Crisis [TH]**
10:30 **Lunch Outing: Wolf River Cafe [BO]**
11:00 **Poker - Led by Residents [P]**
12:45 **Computer & Technology Basics w/ Heaven-Leigh [L]**
12:45 Staff AL Room Visits (until 2:00 PM)
1:00 **Ambassador Committee [P]**
2:00 Happy Hour w/ Creative Aging [CR]
3:00 **Kings in the Corner - Led by Residents [CR]**
3:00 Rick Steves' Travels [TH]
6:00 **Movie: "All the President's Men" [TH]**
6:30 **Mexican Train Dominoes - Led by Residents [L]**

15

Malcolm X Day 16
9:00 Staff AL Room Visits Throughout the Day
10:00 Daily Bread Devotional & Hymns [TH]
11:00 Visiting in Memory Care [FL]
12:30 **Creative Arts: Design Your Own Hairbrush [AS]**
1:30 **Movie: "Field of Dreams" [TH]**
2:00 Wii Bowling with Activity Staff [901]
2:30 Chair Yoga 2 [ER2]
3:00 **Chicken Foot w/ Heaven-Leigh [B]**

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:15 🌿 Perk Up & Chat [B] 17</p> <p>11:00 🕯️ Catholic Services [CH]</p> <p>1:30 🎨 Coloring & Jigsaw Puzzles - Led by Residents [AS]</p> <p>2:00 🎨 Bridge - Led by Residents [L]</p> <p>2:00 🕯️ Church Service w/ Peace Tree [CH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 18</p> <p>9:15 ❤️ Memory Lane Morning Chat [B]</p> <p>10:00 🚗 Bank Run [BO]</p> <p>10:00 ↔️ Exercise with Powerback [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:00 📖 Library Committee [L]</p> <p>1:15 ↔️ Wii Bowling w/ Activity Staff [901]</p> <p>2:00 ↔️ Chair Floor Hockey [CR]</p> <p>2:00 🎨 Mahjong - Led by Residents [P]</p> <p>3:00 🌿 Social Hour [TEL]</p> <p>3:15 🎨 Chicken Foot w/ Heaven-Leigh [CR]</p> <p>4:00 🚗 Dinner Outing: Mugshots [BO]</p> <p>6:00 🎮 Series: "Golden Girls" S1, E22,23,24,&25 [TH]</p>	<p>National May Day 19</p> <p>9:00 🌿 Staff AL Room Visits Throughout the Day</p> <p>9:15 🌿 Perk Up & Chat with Activity Staff [B]</p> <p>10:00 🕯️ Bible Study with Lee [CR]</p> <p>10:00 ❤️ Morning Reset [ER2]</p> <p>11:00 🕯️ Catholic Service [CH]</p> <p>11:30 🚗 Kroger [BO]</p> <p>12:30 📖 Sunshine Club [AS]</p> <p>1:15 🎨 Rummikub w/ Activity Staff [CR]</p> <p>2:00 ↔️ Chair Yoga 1 [ER2]</p> <p>2:15 ↔️ Sunshine Walk w/ Activity Staff [FL]</p> <p>3:00 🌿 Social Hour [P]</p> <p>3:30 🎨 Bingo [CR]</p> <p>6:00 🎮 Movie: "Out of Africa" [TH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 20</p> <p>9:15 🎨 Word Puzzle Games w/ Activity Staff [B]</p> <p>10:00 🎨 Bridge - Led by Residents [L]</p> <p>10:00 ↔️ Exercise with Activity Staff [ER]</p> <p>10:15 ❤️ Soothe Your Senses Spa [TH]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:00 📖 Blood Pressure Check w/ Power Back Rehab [CR]</p> <p>1:00 📖 Bloom Buddies [CR]</p> <p>1:30 ↔️ Swat Ball [ER2]</p> <p>3:00 🌿 New Resident Meet & Greet [CR]</p> <p>6:00 🎮 Series: "Downton Abbey" S3, E7&8 [TH]</p>	<p>National Waitstaff Day 21</p> <p>Shavuot Begins</p> <p>9:00 🌿 Staff AL Room Visits Throughout the Day</p> <p>9:15 🌿 Perk Up & Chat with Activity Staff [B]</p> <p>10:00 🎨 Arm Chair Travels: Newfoundland and Labrador [TH]</p> <p>10:00 🚗 Monthly Forever Young Veterans Meeting [BO]</p> <p>10:00 ❤️ Morning Reset [ER2]</p> <p>11:30 🚗 Walmart [BO]</p> <p>12:30 🎨 Creative Arts: Mama Mia Inspired Painting w/ Deb [CR]</p> <p>1:15 ↔️ Wii Bowling with Activity Staff [901]</p> <p>2:00 ↔️ Chair Yoga 1 [ER2]</p> <p>2:15 🎨 Jeopardy w/ Cait [TH]</p> <p>3:00 🌿 Social Hour [P]</p> <p>3:30 🎨 Bingo [CR]</p> <p>6:00 🎮 Movie: "Smokey and the Bandit" [TH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 22</p> <p>9:15 🌿 Would You Rather Game w/ Activity Staff [B]</p> <p>10:00 ↔️ Exercise with Powerback [ER]</p> <p>10:15 🎨 History: The First People of America [TH]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>12:45 🎨 Computer & Technology Basics w/ Heaven-Leigh [L]</p> <p>12:45 🌿 Staff AL Room Visits (until 2:00 PM)</p> <p>2:00 🌿 Happy Hour w/ Creative Aging [CR]</p> <p>3:00 🎨 Kings in the Corner - Led by Residents [CR]</p> <p>3:00 🎮 Rick Steves' Travels [TH]</p> <p>6:00 🎮 Movie: "Giant" [TH]</p> <p>6:30 🎨 Mexican Train Dominoes - Led by Residents [L]</p>	<p>Shavuot Ends 23</p> <p>9:00 🌿 Staff AL Room Visits Throughout the Day</p> <p>10:00 🕯️ Daily Bread Devotional & Hymns [TH]</p> <p>11:00 📖 Visiting in Memory Care [FL]</p> <p>12:30 🎨 Creative Arts: Van Gogh Inspired Glue Art [AS]</p> <p>12:30 🎨 Hand and Foot - Led by Residents [P]</p> <p>1:30 🎮 Movie: "The Best Exotic Marigold Hotel" [TH]</p> <p>2:00 ↔️ Wii Bowling with Activity Staff [901]</p> <p>3:00 🎨 Kings in the Corner w/ Heaven-Leigh [B]</p>
<p>9:15 🌿 Perk Up & Chat [B] 24</p> <p>11:00 🕯️ Catholic Services [CH]</p> <p>1:30 🎨 Coloring & Jigsaw Puzzles - Led by Residents [AS]</p> <p>2:00 🎨 Bridge - Led by Residents [L]</p> <p>2:00 🕯️ Gospel Music w/ Johnson & Johnson [CR]</p>	<p>Memorial Day 25</p> <p>9:00 📖 Flag Ceremony for Memorial Day - Led by Residents [FL]</p> <p>9:00 🌿 Staff AL Room Visits Throughout the Day</p> <p>9:15 ❤️ Memory Lane Morning Chat [B]</p> <p>10:00 ↔️ Exercise with Powerback [ER]</p> <p>11:00 🎨 Memorial Day Cookout [GDR]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>1:15 ↔️ Wii Bowling w/ Activity Staff [901]</p> <p>2:00 🎨 Mahjong - Led by Residents [P]</p> <p>3:00 🌿 Social Hour [TEL]</p> <p>6:00 🎮 Series: "Golden Girls" S2 E1,2,3,&4 [TH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 26</p> <p>9:15 🌿 Perk Up & Chat with Activity Staff [B]</p> <p>10:00 🕯️ Bible Study with Lee [CR]</p> <p>10:00 ❤️ Morning Reset [ER2]</p> <p>11:00 🕯️ Catholic Service [CH]</p> <p>11:30 🚗 Kroger [BO]</p> <p>12:30 📖 Sunshine Club [AS]</p> <p>1:15 🎨 Rummikub w/ Heaven-Leigh [CR]</p> <p>2:00 ↔️ Chair Yoga 1 [ER2]</p> <p>2:15 🎨 Spintopia w/ Activity Staff [B]</p> <p>3:00 🌿 Social Hour [P]</p> <p>3:30 🎨 Bingo [CR]</p> <p>6:00 🎮 Movie: "The Great Escape" [TH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 27</p> <p>9:15 🎨 Word Puzzle Games w/ Activity Staff [B]</p> <p>9:30 🚗 Casino Outing: Southland [BO]</p> <p>10:00 🎨 Bridge - Led by Residents [L]</p> <p>10:00 ↔️ Exercise with Activity Staff [ER]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>11:30 📖 Assisted Living Chit Chat w/ Sam [ADR]</p> <p>1:30 📖 Chit Chat w/ Sam & Leadership [CH]</p> <p>2:00 📖 Bloom Buddies [CR]</p> <p>2:00 ↔️ Swat Ball [ER2]</p> <p>2:30 🎨 Kings in the Corner - Led by Residents [CR]</p> <p>3:00 🌿 Social Hour [TEL]</p> <p>3:15 🎨 Billiards & Tabletop Shuffleboard [B]</p> <p>6:00 🎮 Series: "Downton Abbey" S4, E1&2 [TH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 28</p> <p>9:15 🌿 Perk Up & Chat with Activity Staff [B]</p> <p>10:00 ❤️ Morning Reset [ER2]</p> <p>10:00 🎨 Rick Steves' Special: The Best of Southern Spain [TH]</p> <p>11:30 🚗 Shopping Outing: Ross [BO]</p> <p>12:30 🎨 Crochet & Knit Circle w/ Sierra [AS]</p> <p>1:15 ↔️ Wii Bowling with Activity Staff [901]</p> <p>2:00 ↔️ Chair Yoga 1 [ER2]</p> <p>2:15 🎨 Trivia with Activity Staff [TH]</p> <p>3:00 🌿 Social Hour [P]</p> <p>3:30 🎨 Bingo [CR]</p> <p>6:00 🎮 Movie: "The Old Man and the Sea" [TH]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 29</p> <p>9:15 🌿 Would You Rather Game w/ Activity Staff [B]</p> <p>10:00 ↔️ Exercise with Powerback [ER]</p> <p>10:15 🎨 History: Lost World of the Maya [TH]</p> <p>11:00 🎮 Poker - Led by Residents [P]</p> <p>12:45 🎨 Computer & Technology Basics w/ Heaven-Leigh [L]</p> <p>12:45 🌿 Staff AL Room Visits (until 2:00 PM)</p> <p>2:00 🎨 Birthday Bash w/ Creative Aging [CR]</p> <p>3:00 🎨 Kings in the Corner - Led by Residents [CR]</p> <p>3:00 🎮 Rick Steves' Travels [TH]</p> <p>6:00 🎮 Movie: "Casablanca" [TH]</p> <p>6:30 🎨 Mexican Train Dominoes - Led by Residents [L]</p>	<p>9:00 🌿 Staff AL Room Visits Throughout the Day 30</p> <p>10:00 🕯️ Daily Bread Devotional & Hymns [TH]</p> <p>11:00 📖 Visiting in Memory Care [FL]</p> <p>12:30 🎨 Creative Arts: DIY Yarn Birds [AS]</p> <p>1:30 🎮 Movie: "Fried Green Tomatoes" [TH]</p> <p>2:00 ↔️ Wii Bowling with Activity Staff [901]</p> <p>3:00 🌿 Saturday Bingo w/ Cait [CR]</p>
<p>9:15 🌿 Perk Up & Chat [B] 31</p> <p>11:00 🕯️ Catholic Services [CH]</p> <p>1:30 🎨 Coloring & Jigsaw Puzzles - Led by Residents [AS]</p> <p>2:00 🎨 Bridge - Led by Residents [L]</p> <p>2:00 🕯️ Church Service with Brother Jim [CH]</p>	<ul style="list-style-type: none"> ❤️ Emotional 📖 Health Services 🎨 Intellectual 🚗 Outing ↔️ Physical 💡 Purposeful/Vocational 🌿 Social 🕯️ Spiritual 🎮 Video 			<p>"Look deep into nature and you will understand everything better"</p> <p>— Albert Einstein</p>		